



Help for Hard Times



*United Way's 2-1-1 has compiled this guide to help people in **Portage County** who are unemployed or struggling financially.*

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Can an individual get services or funds from United Way?

United Way refers people in need to organizations in the community that have the expertise to best meet those needs. These organizations determine eligibility and the amount of aid given, usually based on government guidelines or established policies. These guidelines exist to prevent people from taking advantage of the system and still serve as many people as possible. United Way works to bring people and resources together to improve lives in Portage County. We are committed to helping to establish a safety net to meet the needs of our community.

EMPLOYMENT

Unemployment Compensation

Unemployment Insurance

608-232-0678 (Initial Claims)
608-261-9990 (Weekly Claims)
608-232-0824 (Inquiries)

Or file online at: <https://my.unemployment.wisconsin.gov>

Provides payments based on work in Wisconsin to eligible workers who are temporarily unemployed.

Employment Training, Placement & Search

Services available at the Wisconsin Rapids Job Center:

- **Dislocated Worker Office**
715-422-5017
<https://dwd.wisconsin.gov/dislocatedworker>
AFL-CIO/LETC personnel help counsel workers affected by closing and/or permanent layoffs.
- **Job Service**
715-422-5000
Or find jobs on-line at: <https://JobCenterofWisconsin.com>
Help job seekers find employment, identify and market their vocational skills, abilities and interests, and access appropriate educational and training programs as necessary. Offers computer access to allow job seekers to use the Internet in their job search, and printers to do résumés, cover letters, etc.
- **Employment & Training TRA Act Program**
715-422-5000
Employment and training assistance for people eligible for Trade Readjustment/Trade Assistance due to company closing or downsizing.
- **Workforce Innovation & Opportunity Act - WIOA**
715-422-5000
Funds job-related training for qualifying students who are training or re-training for employment. May also help pay for tuition, fees, books and supplies for eligible participants.
- **Veterans' Services**
715-422-5000
Job placement assistance and case management for at-risk veterans.
- **Wisconsin Division of Vocational Rehabilitation (DVR)**
715-422-5000

Provides a variety of services designed to help people with disabilities by providing individualized services that include vocational guidance and counseling, and assistive technology.

Wisconsin Works (W-2) Program

715-544-1562

W-2 is Wisconsin's Temporary Aid for Needy Families (TANF) program, which provides employment services and training to help eligible residents get and keep employment.

FoodShare Employment and Training (FSET)

888-445-1621 (For Referral)

715-345-5925 (Case Manager)

FoodShare participants may receive job search assistance through the FoodShare Employment & Training Program, which is an employment program attached to the FoodShare Program. Services may include resume development, career exploration, and unpaid work experience. Gas money, bus fare, child care expenses for work search related activities may also be available, as well as help with work related expenses.

Starting Your Own Business

CAP Services Business Development

715-343-7547

Business financial planning and assembly of a financing package, as well as technical assistance, are offered for low-income entrepreneurs and entrepreneurs committed to hiring low-income individuals.

U.W.-Stevens Point Small Business Development Center

715-346-3838

Offers management education and counseling for anyone interested in learning to start or operate a small business

Central Wisconsin SCORE

715-384-3454

www.centralwisconsin.score.org (Marshfield)

Working and retired executives and business owners donate their time and expertise to help current business owners and aspiring entrepreneurs, through both online and face-to-face counseling, advice, and mentoring.

Small Business Administration

800-827-5722

www.sba.gov/wi

Provides counseling and assistance with small business start-up, marketing, and management. Also guarantees small business loans through certain creditors.

EDUCATION

High School Equivalency

Learning Commons

715-342-3129

www.mstc.edu/student-resources/learning-commons

Provides tuition-free assistance with study skills, math, English, reading, science, career education, ESL, and GED/HSED preparation.

Continuing Education

Mid-State Technical College Continuing Education
715-344-3063

www.mstc.edu

MSTC has courses, certificates, and degree programs that teach new skills essential for getting ahead or learning a whole new career. Call or log on for complete course information.

U.W. – Stevens Point Continuing Education

715-346-3838

www.uwsp.edu/conted

UWSP Continuing Education provides credit classes, certificate programs, degree completion programs, non-credit workshops and seminars, and technical training. Call or log on for complete course information.

Colleges & Universities

Mid-State Technical College

715-344-3063

www.mstc.edu

U.W. – Stevens Point

715-346-2441

www.uwsp.edu

FINANCIAL COUNSELING/BUDGETING

Family Living Program

715-346-1316

Offers free instruction for family members to learn how to manage family finances, through U.W. – Extension.

Financial Wellness Program of Portage County

715-346-1316

Volunteer counselors help determine family income/expenses, develop a spending plan, and address credit use and debt problems, through U.W. – Extension.

Greenpath Financial Counseling

800-550-1961

www.greenpath.org

Provides financial and budget counseling and credit report reviews at no cost. Bankruptcy counseling, housing counseling, student loan counseling, and debt management planning is also available for a fee.

Saint Lawrence Community Services –
Financial Counseling

715-849-3311

866-849-3311 (toll free)

www.cclse.org

Families and individuals may receive an evaluation of their financial situation, develop a plan, participate in budgeting classes, and financial and bankruptcy counseling, through Catholic Charities.

Local schools and colleges sometimes offer consumer finance courses. Call for current schedules and fees:

- Mid-State Technical College
715-344-3063
www.mstc.edu
- U.W.-Stevens Point
715-346-2411
www.uwsp.edu

ECONOMIC SUPPORT/ PUBLIC ASSISTANCE

Portage County Economic Support
Program

888-445-1621 (Income Maintenance Call Center)

Screening and Application also online at:

<https://access.wisconsin.gov/>

Public assistance programs available include **BadgerCare Plus, Medicaid, Child Care Assistance, and FoodShare** (formerly Food Stamps) for eligible low-income families.

Forward Service Corporation

715-422-5000

Emergency Assistance may be available when families with minor children in the household experience financial crisis beyond the caregiver's control, and an emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster.

Emergency Services

715-344-7438

Handles all requests for emergency assistance and coordinates available resources to meet basic emergency needs such as food, shelter, and transportation.

PUBLIC INTERNET ACCESS

Portage County Public Library

www.pocolibrary.org

Offers public computers for word processing, internet access, and electronic searching. Find out more from your local branch:

- Stevens Point 715-346-1544
- Plover 715-341-4007
- Rosholt 715-677-4512
- Almond 715-366-2151

The Job Center

715-422-5000

Provides computers for job-seekers to work on résumés and cover letters, and to research job openings on the internet.

CHILD CARE ASSISTANCE

Referrals to Child Care

ChildCaring

715-423-4114

800-628-8534 (toll free)

www.childcaring.org

Provides a list of regulated child care programs based on criteria selected by client, such as hours of operation, location, facility type, and ages served.

Financial Assistance for Child Care

Portage County Health & Human Services

888-445-1621 (Income Maintenance Call Center)

715-345-5350 (Health & Human Services)

Screening and Application also online at:

<https://access.wisconsin.gov/>

Child care assistance for income eligible families that are in work or work-related activities.

Sliding Fee Available

YMCA Child Care

715-342-2980

Full-time child care center offers a sliding fee based on income.

HOUSING

Emergency Shelter

The Salvation Army Hope Center

715-341-2437

www.usc.salvationarmy.org/stevenspoint

Short term shelter for people who have no other place to stay, as long as they are not under the influence of drugs or alcohol and do not have any sexual offenses.

Family Crisis Center

715-343-7125

800-472-3377 (toll free)

Temporary shelter and other confidential services for those affected by domestic abuse, and their children.

Community Warming Center

715-252-7862

Provides a warm place for adults to sleep during the winter months only, November 1-March 31. Check in time is 8:45-9:15pm.

Rent & Mortgage Assistance

Catholic Charities – Saint Lawrence Community Services

715- 849-3311 or 866- 849-3311

www.cclse.org

Program participants receive case management services that may lead to rent payment assistance and budgeting classes.

Emergency Assistance Program

715- 544-1562

Needy families with a child, who have a current emergency of homelessness, impending homelessness, energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep their home.

Emergency Services

715- 344-7438

Handles requests for emergency rent or mortgage assistance for low-income individuals and families. May also be able to refer to other programs for assistance.

Rapid Rehousing

715-343-7100

Rental assistance for those experiencing homelessness, and also meet income eligibility requirements and guidelines of a risk assessment.

Foreclosure Assistance

Catholic Charities Mortgage Delinquency and Foreclosure Prevention

715-849-3311

Provides in-person or telephone counseling to homeowners who are at risk of losing their home to foreclosure.

Foreclosure Mediation Program

715-261-1000

Provides a mediator to assist homeowners and lenders in determining whether foreclosure can be avoided by exploring all options that may exist.

Homeowner's HOPE™ Hotline

888-995-4673

www.995hope.org

Provides free telephone credit counseling to help homeowner's facing foreclosure.

Making Home Affordable Website

www.makinghomeaffordable.gov

Information about federal programs available to help avoid foreclosure.

UTILITY & ENERGY ASSISTANCE

Utility Assistance

Emergency Assistance Program

715-544-1562

Needy families with a child, who have an impending energy crisis, fire, flood or natural disaster, may apply to receive Emergency Assistance to help keep pay their past due utility bill.

Emergency Services

715- 344-7438

Handles requests for emergency rent or mortgage assistance for low-income individuals and families. May also be able to refer to other programs for assistance.

Energy Services of Portage County

715-344-5999

Financial assistance for gas, electric, or heating fuel bills for income-eligible Portage County residents. Provides a one-time energy grant per heating season, as well as crisis funding for those facing a disconnection.

Public Benefits Program

715-677-2211

Central Wisconsin Electric Co-op customers who meet income eligibility criteria may be eligible for utility assistance. Income verification and statement of household size is required.

Weatherization

Weatherization Program

715-343-7135

www.capservices.org

Weatherization services help reduce a household's heat bill by providing measures such as attic and wall insulation, reducing air leakage, water heater conservation measures, and heating system repair or replacement for qualified households, through CAP Services.

Home Repair Loan and Grant Program

715-345-7620

Rural Development offers low-interest home improvement loans and grants for very low income individuals who live in rural Wisconsin to upgrade roofs, furnaces, or other weatherization systems.

Focus on Energy

800-762-7077

www.focusonenergy.com

Residents meeting income eligibility guidelines may be eligible for help through this program, which offers incentives for the purchase and installation of qualifying home heating equipment.

For information about weatherization assistance through Community Development Block Grants, call United Way's 2-1-1:

- **2-1-1 (or 715-848-2255)**
- **Long-distance callers may also dial: 800-922-5590**

FOOD

Food Assistance Programs

FoodShare (formerly Food Stamps)

888-445-1621 (Income Maintenance Call Center)

Screening and Application also online at:

<https://access.wisconsin.gov/>

Provides a debit card for eligible applicants to use in most grocery stores to purchase food.

WIC (Women, Infants & Children Nutrition Program)

715-345-5350

Food vouchers are issued for the purchase of food that meets the nutritional needs of young children and their mothers, through Portage County Health & Human Services.

Food Pantries

The Salvation Army

715-341-2437

1600 Briggs St., Stevens Point

The Hope Center provides food assistance on Saturdays, 10am-1pm.

St. Paul's Food Pantry

715-344-5664

1919 Wyatt Ave., Stevens Point

Pantry at St. Paul's Lutheran Church may provide assistance based on interview which shows an immediate need and plan for long term resolution. Please call ahead Tuesday and Thursday, 10am-2pm.

Place of Peace Food Pantry

715-496-0164

1948 Church St., Stevens Point

Food pantry opens by appointment, or Thursday evenings at 5pm when the community meal is served at First Baptist Church.

New Hope Community Church Food Pantry

715-457-3051

117 W. 2nd St., Junction City

Community food pantry opens the 2nd and 4th Sunday of the month, Noon-1pm for Junction City area residents.

Interfaith Food Pantry

715-347-2689

2810 Post Rd., Plover

A full pantry that serves individuals and families in Portage County. Distributes on the 2nd and 4th Tuesday of the month from 6-8pm.

Saint Vinnies Food Pantry

715-344-7395

2124 Rice St., Stevens Point

Distributes donated and TEFAP foods (formerly Government Commodities) each Tuesday, 10:30am-2:30pm. Low-income Portage County residents may be served once/month.

Rosholt Food Pantry

715-570-3045

247 Depot St., Rosholt

Donated food distributed to Rosholt-area residents in need on the 1st and 3rd Monday of the month, 3-5pm, at the Rosholt Clinic Building.

TRACK – Tomorrow River Area Communities Kitchen

715-824-5615

293 S. Main St., Amherst

Food pantry at Peace Lutheran Church for families in need who live in the Tomorrow River School District, Monday 8-10am and Thursday 5-7pm.

Portage County Mobile Pantry

715-341-9922

Delivers a supplemental supply of groceries to rural residents in need the 2nd and 4th Thursday of the month.

Community Meals

The Salvation Army

715-341-2437

1600 Briggs St., Stevens Point

The Hope Center provides 3 community meals daily: Breakfast served 6:00-7:00am, lunch at Noon, and dinner at 5:30pm.

Place of Peace

715-496-0164

1948 Church St., Stevens Point

A Catholic Worker House that serves a community meal weekly on Thursdays at 5pm at First Baptist Church.

To learn if there are other FOOD RESOURCES in your area, call United Way's 2-1-1:

- **2-1-1 (or 715-848-2255)**
- **Long-distance callers may also dial: 800-922-5590**

MATERIAL RESOURCES

Personal Needs & Household Goods

Emergency Services

715-344-7438

Distributes material goods such as furniture, appliances, and other household items, including clothing, diapers, and school supplies.

Portage County Dressed to Work Association

715-572-1200

Provides no-cost clothing, accessories, appropriate attire selection for lower income individuals who are interviewing and entering the workforce. Applicants should contact their caseworker or community agency worker for a referral.

Tif's Kids Closet

tiffanihermes@yahoo.com

1948 Church St., Stevens Point

Provides clothing for infants and children at no charge each Thursday, 2-6pm at First Baptist Church. Baby bottles, crib sheets, diaper bags, etc. may also be available.

Freecycle Network Website

www.freecycle.org

Offers free membership to a local, moderated e-mail group that allows members to both donate and acquire items such as furniture, kitchen supplies or electronics.

Thrift Shops

Dime and Dollar Thrift Store

715-341-0562

3268 Church St., Stevens Point

Goodwill Industries

715-345-0311

5373 Hwy 10 E., Stevens Point

Saint Vinnies Thrift Store

715-344-7395

2124 Rice St., Stevens Point

Consignment Stores also sell pre-owned items.

They are listed in the Yellow Pages under

CONSIGNMENT & RESALE SHOPS or

CONSIGNMENT SHOPS & SVCES.

To learn if there are other MATERIAL RESOURCES in your area, call United Way's 2-1-1:

- **2-1-1 (or 715-848-2255)**
- **Long-distance callers may also dial: 800-922-5590**

HEALTH SERVICES

Medical & Dental Care

At Portage County Health & Human Services:

- **BadgerCare Plus Programs**
888-445-1621 (Income Maintenance Call Center)
Screening and Application also online at:
<https://access.wisconsin.gov/>
Public health care coverage for eligible Wisconsin residents.
- **Community Health Clinics**
715-345-5350
Provides public health services for all ages, including immunizations, TB skin testing, vision and hearing screening, blood pressure checks, and blood lead screening.
- **Health Plus**
715-345-5350
Physicians, dentists, and other health care providers who participate in Health Plus agree to reduce normal office fees for qualified low-income working people who are uninsured.
- **Wisconsin Well Woman Program**
715-345-5775
Income-eligible women between the ages of 45 and 64 may have mammograms, pap tests, pelvic exams, and certain other health screenings.

Health Insurance Marketplace

800-318-2596

www.healthcare.gov

Provides information about health insurance options for individuals and families, as well as small businesses. Insurance plans available at a reduced cost for those who are income-eligible.

Family Health/La Clinica

920-787-5514 (Wautoma)

800-942-5330 (toll free for patients)

A comprehensive Community and Migrant Health Center that provides bilingual (English/Spanish) medical and dental care for underserved people in Portage County at its Wautoma location.

Family Planning Health Services

800-246-5743

Provides reproductive health care and education on a sliding-fee scale.

Ministry Dental Center

715-342-8060

United Way-funded dental clinic provides general dentistry services for Forward Health/BadgerCare patients, by appointment. NOTE: There may be waiting lists.

Physician Referrals

Aspirus Clinics

800-847-4707

Marshfield Clinic

www.marshfieldclinic.org/doctors

Ministry Medical Group

715-342-7500

www.ministryhealth.org/findadoctor

Health Screenings

Public Health Intake & Referral

715-345-5350 (leave a message for return call)

Public health nurses at Portage County Health & Human Services answer public health-related questions, make health assessments and referrals.

Blood Pressure Screening

715-346-1401

Volunteers provide blood pressure screening at the Lincoln Center on the 3rd Thurs. of each month, 10am-Noon.

Wisconsin Well Woman Program

715-345-5775

Income-eligible women between the ages of 45 and 64 may have mammograms, pap tests, pelvic exams, and certain other health screenings.

Prescription Drug Assistance

Emergency Services

715-344-7438

Provides assistance for those who are unable to pay for needed prescriptions in an emergency situation.

FamilyWize Prescription Drug Discount Card

800-222-2818

www.familywize.org

These cards are used to get immediate savings on prescription drugs at participating pharmacies for people who have no health insurance, during deductible periods, and for prescription medicine not covered by health insurance, Medicare, and other benefit plans.

NACo Prescription Discount Card Program

877-321-2651

www.nacox.org

Portage County's discount card program helps residents regardless of age, income, or existing health coverage, with prescription drug costs that aren't covered by insurance.

NeedyMeds Website

www.needymeds.com

NeedyMeds is a non-profit service that connects people with low incomes to patient assistance programs, help with paperwork, discount drug cards, and government programs.

Partnership for Prescription Assistance

888-477-2669

www.PPARx.org

Helps patients lacking prescription coverage get access to nearly all existing pharmaceutical patient assistance programs through a central navigation system.

Fitness & Well-Being

Stevens Point Area YMCA

715-342-2980

www.spyymca.org

Offers fitness equipment and classes based on sliding fees for income-eligible families and free 30-day passes for local recently-dislocated workers who have lost a full-time job.

MENTAL HEALTH SERVICES

Portage County Health & Human Services may provide Mental Health Vouchers for income-eligible residents who have been denied coverage from BadgerCare and the Health Insurance Marketplace to obtain counseling, psychotherapy, or mental health evaluations from participating private agencies. For more information, call 715-345-5350.

Telephone Counseling & Crisis Intervention

Portage County Crisis Intervention Services

(24 hours/day, 7 days/week)

866-317-9362 (toll free)

Health & Human Services provides support services to individuals involved in emergency mental health situations.

Mental Health Navigator Program

715-343-7104

www.capservices.org

This is a program of CAP Services that helps people who feel overwhelmed or are struggling with a mental health condition by reducing barriers to accessing services and increasing follow-through with treatment plans. Please call for an appointment.

Family Crisis Center Hotline

(24 hours/day, 7 days/week)

715-343-7125

800-472-3377 (toll free)

This hotline, a program of CAP Services Family Crisis Center, provides telephone counseling for Portage County residents experiencing a domestic abuse crisis.

Hopeline – Text Crisis Line

741741 – Text Short Code

Confidential crisis text service dealing with problems such as: suicide, depression, family issues, and school problems.

Individual, Family & Marriage Counseling

(sliding fee available)

Child and Family Counseling (previously Children's Service Society)

715-341-6672

Ministry Behavioral Health Outpatient Clinic

715-344-4611

New Life Therapy Center

715-342-4180

If you are in a mental health emergency, or need to talk to a counselor right away, call Portage County Crisis Intervention Services at 866-317-9362, 24 hours a day. If you are in a domestic violence crisis, call the Family Crisis Center Hotline at 715-343-7125, 24 hours a day; long distance callers may call toll-free 800-472-3377.

Support Groups

For information, call United Way's 2-1-1:

- ***2-1-1 (or 715-848-2255)***
- ***Long-distance callers may also dial: 800-922-5590***

HELP FOR ADDICTION

Alcohol & Other Drugs

Alcoholics Anonymous

888-292-6677

www.aawidistrict04.org

Provides 12-step Alcoholics Anonymous meetings. Log on for current information about local 12-step Alcoholics Anonymous meetings.

AI-Anon

888-425-2666

www.area61afg.org

12-step group meetings for relatives and friends to help them work through the effects of living with a relative's or friend's problem drinking.

Narcotics Anonymous

866-590-2651

www.ncwana.org

Offers recovery from the effects of addiction through working a 12-step program. Call or log on for current information about local meeting times and places.

Ministry Behavioral Health

715-344-4611

AODA services for chemically dependent people and their families, including mental health counseling, intensive outpatient day treatment and continuing care support. A residential treatment center is also available.

Women for Sobriety

715-345-0711

www.womenforsobriety.org

Recovery program for women with addiction problems.

Smoking & Tobacco Use

Wisconsin Tobacco Quit Line

800-784-8669

www.ctri.wisc.edu/quitline.html

Free telephone counseling and other information about quitting methods, medications, quit plans and tips.

First Breath

715-342-7750

Prenatal care providers provide education and support services for pregnant women who desire to quit smoking.

Gambling

Greater Stevens Point Gamblers Anonymous

www.gamblersanonymous.org

Gamblers Anonymous (GA) meets weekly to provide self-help and support for people to overcome gambling. Check website for local meeting times.

Wisconsin Council on Problem Gambling

800-426-2535

www.wi-problemgamblers.org

Information and referral for compulsive gamblers and their loved ones.

LEGAL SERVICES

Free Legal Aid

Portage County Legal Aid Society

715-343-7100

Legal aid office for low-income residents provides brief answers to legal questions and legal representation.

Wisconsin Judicare

800-472-1638

www.judicare.org

Legal aid office in Wausau serves low-income Portage County residents in certain non-criminal cases.

Justiceworks, Ltd.

715-344-3677

www.justiceworksltd.org

A volunteer network of Portage County residents coordinates services that help secure right relationships between victims, offenders, and their communities.

Lawyer Referral

Lawyer Referral & Information

800-362-9082

www.wisbar.org

Legal hotline offers general legal information and lawyer referral through the State Bar of Wisconsin.

Modest Means Referral Program

888-529-7599

www.wisbar.org

Individuals whose income is too high to qualify for free legal aid but too low to pay an attorney's regular fees can be referred to an attorney who has agreed to offer reduced fees.

Labor Laws & Standards

Employment Complaint Process

715-261-8700

Complaint Specialist at the Job Service in Wausau answers questions regarding employment issues & concerns, provides

complaint forms, and processes employment-related complaints.

Wisconsin Department of Workforce Development - Equal Rights Division

608-266-6860 (Madison)

www.dwd.wisconsin.gov

Administers Wisconsin's Fair Employment Law, which prohibits discrimination against any person on the basis of ancestry, color, creed, national origin, race, sex, disability, arrest or conviction record, age, marital status, sexual orientation, use of lawful products or membership in the military reserve. Also administers Wisconsin's Family and Medical Leave Act, and handles complaints for unpaid wages.

U. S. Department of Labor - Wage/Hour Division

866-487-9243 (National Helpline)

www.dol.gov/whd

Administers and enforces *Federal* labor laws, including minimum wage, overtime, Family and Medical Leave Act, and Migrant and Seasonal Agricultural Worker Protection Act.

TRANSPORTATION SERVICES

Plover Shared-Ride Taxi

715-342-1313

Government funded, shared-ride taxi services for any trip that is within, ends, or originates within a 5 mile radius of the Village of Plover (includes Stevens Point).

Stevens Point Transit

715-341-4490

www.stevenspoint.com/transit

City bus service in the Greater Stevens Point metro area (Stevens Point, Whiting, and Crossroads Commons in Plover).

Point Plus Paratransit Service

715-341-4490

www.stevenspoint.com/transit

Pre-arranged door-to-door service for people living in the City of Stevens Point and the community of Whiting who qualify under the Americans with Disabilities Act (ADA) guidelines.

To learn about other TRANSPORTATION SERVICES in your area, call United Way's 2-1-1:

- ***2-1-1 (or 715-848-2255)***
- ***Long-distance callers may also dial: 800-922-5590***

SPECIAL POPULATIONS

Veterans

Portage County Veterans Service Office

715-346-1310

Or apply for V. A. benefits online at:

www.va.gov/onlineapps.htm

Provides information, counseling, and assistance in obtaining state and federal veterans benefits and entitlements.

Veterans' Services

715-422-5000

Job placement assistance and case management for at-risk veterans, at the Wisconsin Rapids Job Center.

Disabled American Veterans Van

715-346-1401

Volunteer drivers transport veterans to medical appointments at V.A. facilities. Please call to schedule.

Veterans Administration Clinics

608-372-3971 (Must call Tomah in advance to enroll)

Provides primary medical care for Portage County veterans at the Wausau and Wisconsin Rapids locations.

Wausau Vet Center

715-842-1724

www.vetcenter.va.gov

Readjustment counseling and AODA assessment for veterans who served in any combat zone. Services are available to family members and significant others for military related issues.

Military Families

Wausau Vet Center

715-842-1724

www.vetcenter.va.gov

Individual, group, family, and marital counseling for veterans and their families.

Army Community Service

877-864-4969

www.mccoy.armymwr.com

Services at Fort McCoy for Army families include unit/soldier support, family advocacy, and information about deployment/mobilization, relocation, employment, and financial readiness.

Family Assistance Center

800-292-9464 (Hotline)

<http://wisconsinmilitary.org>

Family Assistance Centers provide family members information on entitlements and benefits they may utilize before, during, and after deployment.

Armed Forces Emergency Services

877-272-7337

The American Red Cross works with military aid societies to help meet emergency financial needs when an urgent personal or family crisis arises (such as burial of a loved one, or emergency travel, food, housing, car repair, utilities assistance or medical bill payment.)

Military OneSource

800-342-9647

www.militaryonesource.com

Provides counseling services by phone and online, for active military members and their families to address short-term non-medical concerns.

Operation Homefront

877-264-3968

www.operationhomefront.net

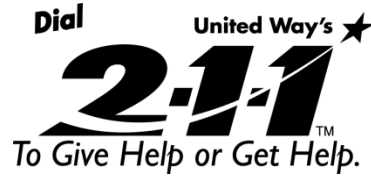
Provides emergency assistance to our troops, to the families they leave behind and to wounded warriors when they return home, including help with: auto repair, disaster relief, home & appliance repair, food assistance, vision care, financial assistance, furniture and household items, moving assistance.

Stevens Point Area YMCA

715-342-2980

The YMCA offers free memberships for local families of deployed military.

**We're here any time you don't know
where to turn for help.**



Get Help

When you need information about community services, or are looking for help with a personal or family matter, United Way's 2-1-1 will answer your questions about what's available, who to contact for the details you want, and how to take the next step toward solving your problems or meeting your needs. Need Help?

Dial 2-1-1

Email askus@unitedwaymc.org

Search online at: <http://www.unitedwaymc.org/get-help/>

Give Help

Want to volunteer to serve a meal, support grieving families, or help out during a disaster? Want to donate items to a program that helps abused children or homeless families? Want to Give Help?

Dial 2-1-1

Search online at www.volunteersrock.org



**United Way
of Marathon County**



Formally Updated October 27, 2016
Last Modified October 27, 2016